

Alphabet Smash



The Letter H



Sound: /h/ (horse)



Kinesthetic: Form letters out of play dough, your body, or make letters outside from nature (sticks, leaves, petals, pinecones, etc.).



Alphabet Book: [Download Alphabet Worksheets here](#)

•**Block Letter Pages:** Glue hair or hearts onto your block letter **H**'s page. Make holes (with a hole punch) and glue on to the letter **H**.

•**Clip Art Pages:** Cut and paste clip art onto your **H**'s page.



Handwriting Pages: Practice several upper and lower case letters every day this week.



Menu Ideas:

haddock, half and half, halibut, ham, ham and cheese roll-ups, ham and cheese croissants, ham and cheese grilled sandwiches, hamburger, hash browns, hazelnuts, hazelnut spread, heart shaped cookies, hearts of palm, Hershey Chocolate™ bar, Hershey's Kisses™, hoagie, hominy, honey, honey buns, honey dew, honey graham crackers, honey and tea, honey and toast, horse radish (just taste), hot cocoa, hot dogs, Hot Pockets™, hot wings, hummus



Field Trip Ideas: Meet someone who is **handicapped**; **hardware store**; **Climb in a helicopter**; go **hiking**; **historical re-enactment**; **historical trail**; **horseback riding** (or go and visit a horse); **hospital**; Go to a **hotel**.

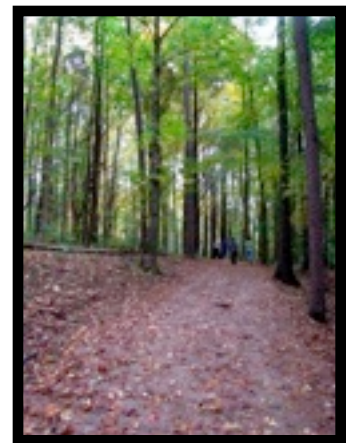


Bible Ideas:

Habakkuk, Haggai, Haman, Hannah, Heaven, Hebrews, Hezekiah, the Holy Spirit, Hosea, Hur, Missionary: Hudson Taylor (1832-1905)- China

Copy work & Memory Verse: **H-**"Honor thy father and thy mother." (Exodus 20:12)

Character Traits: **Happy, Hard Working, Helpful, Honest, Hopeful, Humble, Humorous**



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Art:

- Make **handiwork** a part of your every day. It is okay if the project carries over into another week.
- Create a [handprint poem](#).
- Discover [handprint art](#); angel wings, butterflies, reindeer, trees, wreaths and more. (<http://rainbowswithinreach.blogspot.com/2012/08/handprint-poems-projects.html>)
- Make a **heart** wreath by gluing cut out hearts on the rim of a paper plate. Cut a hole in the center of the plate.
- Trace your **hands**.
- Teach child to draw a **heart**. (m on top, v on bottom)

Artist Study: [Winslow Homer](#)- American Painter



Poetry:

[Haiku](#)

A **haiku** must have 17 syllables. The format of a **haiku** is often described as 5-7-5.

- The first line has five syllables.
- The second line has seven syllables.
- The third line has five syllables.

Explain a syllable; a one unit sound. Attempt a ‘What Am I?’ **Haiku** that is written as a riddle.

Read some [Haikus by poets](#) and [Haikus written by children](#).

Mother Goose:

“**HUMPTY DUMPTY**”

Humpty Dumpty sat on a wall,
Humpty Dumpty had a great fall;
All the King's horses, and all the King's men
Cannot put Humpty Dumpty together again.



Activities:

- Play **horseshoes**.
- Play water fun with the **hose**.
- Learn how to **hula-hoop**.
- Taste **honey**.
- Sing and dance [the “Hokey Pokey”](#).
- Ride a **horse**; or see if you can feed an apple or a carrot to a horse.
- Buy a new **hairbrush**.
- Teach child how to **hammer** a nail in a block of wood. (Parental supervision required.)
- Practice **hugging**.
- Measure your child’s **height**.
- Make funny **hair-dos** with your child. (I double dog dare you



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to wear yours out!)

- Teach child how to give a firm **handshake** that is neither too hard nor too soft.
- Try on **hats**.
- Make a [newspaper hat](#).
- Play ‘**horsey**’ with child on your knee.
- Play **hangman**.
- **H**ost a party.
- **H**op on one leg then two.
- Practice [hand shadows](#). It is [amazing what hands can do](#).
- Learn how to play **Hopscotch**
- Visit a **hen**.
- Watch a [horse race](#).
- Relax in a **hammock**.
- Go **hiking**.
- Stay at a **hotel**.
- Show child a **hundred dollar bill**.
- Find someone to **help**.
- Play **hide -n- seek** together. Try playing in the dark with a flashlight.
- Play **hot potato**.
- Get a **haircut**.



Math Ideas:



- Count by 100’s (**hundreds**).
- Show **hours** (o’clock’s) on a clock.
- Show **hemispheres** on a globe.
- Measure your child’s **height** today and at the end of the year to see how much he/she has grown.
- [Draw a hexagon](#).
- Demonstrate **horizontal**.
- Time something with an **hourglass**.
- Learn about **holograms**.

Science Ideas:



- Learn about the **hippopotamus**, **Humpback whales**, **horses**, and [hurricanes](#).
- Study **helicopters**.
- Teach the meaning of an **herbivore**.
- Watch a [hammerhead shark](#).
- Learn about [homing pigeons](#).
- Learn about the **human heart**.

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Social Studies ideas:

- Hawaii
- [Print child's name in hieroglyphics](#).
- Discuss [habitats](#).
- Discuss [human rights](#).
- Learn about the **homeless** in your area. Create [blessing bags](#) to give them.



Vocations: harpist, helicopter pilot, historian, home health nurse, horticulturalist

Books:

- [Horton Hatches an Egg](#) by Dr. Suess
- [Harry The Dirty Dog](#) by Gene Zion
- [My Hands](#) by Aiki
- [The Hundred Dresses](#) by Eleanor Estes
- [Old Hat New Hat](#) by Stan and Jan Berenstain
- [How to Make an Apple Pie and See the World](#) by Marjorie Priceman
- [Harold and the Purple Crayon](#) by Crockett Johnson



Music Appreciation:

Hymns, Holiday music, [Harpist](#) , [Hillbilly Music](#) , Hip Hop Music

Watch a [handbell performance](#).

Composers:



[George Frideric Handel](#) 1685 - 1759

Watch [Handel's Messiah](#) (in person if you can), [Franz Joseph Haydn](#) 1736 - 1809,



Hymn: "[How Great Thou Art](#)"



Songs: "If You're Happy and You Know It", "Home on the Range", "[The Hokey Pokey](#)", "He's Got the Whole World in His Hands"



Movies to watch: *Harriet The Spy*, *Heidi*, *Herbie*, *Hercules*, *Home Alone* (PG), *Honey*, *I Shrunk the Kids*, *How to Train Your Dragon*, *The Hunchback of Notre Dam*, *Adventures of Huck Finn*

Notes: _____

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Getting Started:

Alphabet Book: [Download Alphabet Worksheets here](#)

- **Decorate Block Letters:** Glue items that begin with each letter onto large block letters as suggested in the curriculum. Keep these in the child's alphabet notebook for each letter.
- **Clip Art Pages:** Teach children to cut out the clip art pictures for The Clip Art Page; included in this book or found in magazines, or discarded books themselves, and paste them on the letter page. Once we even taped a dead ant to the "A" page, traced and painted fingernails with real polish for the "F" page, or a put a lock of hair on the "H" page. Be creative.
- **Handwriting Pages:**

Practice writing several upper and lower case letters every day. Be more concerned with quality instead of quantity. Better to spend 5 minutes on three perfect letters than 20 minutes on a sheet full of messy letters. I suggest, especially for pre-school, to practice copying three letters per day. For example, have your child copy three upper case letter A's on Monday, 3 lower case letter a's on Tuesday, both upper and lower case Aa's on Wednesday, and then see if the child can remember the letter of the week you are practicing, to write on Thursday.

Menu Ideas:

A week before beginning a letter, when you normally make your grocery list, look at the food ideas for the next letter so you can have them prepared or purchased and can grab them easily from your pantry or refrigerator. Pick one a day or as many as you want. I encouraged my kids to try new things such as ugly fruit and kiwi which they did not initially enjoy. Be very careful of choking with food and be aware of food allergies.

Field trip Ideas: Many of these ideas can be things you do in real life. Be aware and think about what you are doing, with what letter it begins, and verbalize it to your child. "Look, it is 'P' week and we are going to the Post Office!"

Bible:

Pray together every day.

Tell your child about the Bible story or idea mentioned. Instruct them to narrate the story back to you in their own words.

The ABC Bible Verses:

I truly believe that memorizing scripture is the best way to place God's words in your child's heart and mouth.

Bible Ideas/Characters:

The faults and strengths of Bible characters show believers how God can use anyone He chooses.

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The story of a Bible character can reveal history found in the Bible and the story of the character can paint a picture of how God used that person. And how He can use us. Consider acting these out or drawing pictures to illustrate.

Bible Verse Memory: Memorize a new Bible verse each week. Just five minutes each morning is enough to learn the verse by week's end. This is a beautiful way to hide God's word in our hearts as well as our children and it also keeps it on the tips of our tongues.

Missionaries: Learning about missionaries is an excellent way for children to see the big picture in terms of our faith. Attempt to show how the lives of these men and women can apply to their lives. Kids love stories.

Copy work: Children should be able to copy words from a book or page. The Bible verse copy work and the letter practice are good practice.

Character Traits: All of the character traits can be discussed on a pre-school level. Have the child use the word in a sentence and encourage them to try at least one character trait a week such a honesty (in telling something that happened) or being helpful (helping a neighbor rake leaves) or thankful (writing a thank you note). Display the character traits, yourself, as well, such as *affectionate* (snuggle up with child), *giving* (give a gift to your child) or mention when you are *dependable* (when you drive child to activity on time).

Art:

Each week, display the artwork and projects that your child produces. Put as many of the art and activities, including pictures, into your child's *Alphabet Smash* notebook under the appropriate letter. Be sure to date projects/artwork as your child completes it.

Poetry:

To do a poetry study, read poems by your selected poet. It is important that children hear poetry read aloud. Poetry can breathe life into your schooling.

Activities:

Together: Do these activities together as much as possible. Have fun with this. You only have your kids for such a short time. The activities you do together create life long memories.

Life Skills: Many of the activities listed are life skills such as first aid, cleaning, and cooking. Learning how to shut a drawer correctly may seem silly but teaching respect for doors and drawers at an early age can make a difference when children move to the teenage years.

Math Ideas, Science Ideas, Social Studies Ideas, Careers/Vocations:

At this age, the idea is not mastery but exposure or a more of an informal familiarity with terms. If there is a way to show or give hands-on examples, do it. If any of these ideas are overwhelming or cause stress, then move on.

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Books:

Try to reserve all the recommended books online at your local library a week or so before each letter. In fact, for all books recommended, try to get these at your local library first, for free.

Music Appreciation, Composers, Songs:

If there is one thing to take away from this section, it is to play music as you live your life. Listen to music when you are at home, when doing other activities, when doing nothing, or when driving in the car. Play one composer as background music for a period of time.

Movies:

This should be a fun part of your week. Pick one a week and snuggle up on the couch, pop some popcorn, and watch together.

Disclaimers:

Links to third-party web sites: If any links do not work, try googling words that are linked or suggested. Web Sites contain links to third-party web sites. These links are provided solely as a convenience to you and not as an endorsement by Christina Brown, *Alphabet Smash* to the contents of such third-party web sites. Christina Brown is not responsible for the content of any third-party website, nor does it make any representation or warranty of any kind regarding any third-party website including, without limitation (i) any representation or warranty regarding the legality, accuracy, reliability, completeness, timeliness, suitability of any content on any third-party web site; (ii) any representation or warranty regarding the merchantability or fitness for a particular purpose of any material, content, software, goods or services located at or made available through such third-party websites; or (iii) any representation or warranty that the operation of the third-party websites will be uninterrupted or error free, that defects or errors in such third-party websites will be corrected or that such third-party websites will be free from viruses or other harmful components.

There may be some advertisements or comments on some of these sites that are inappropriate for young children. Please use discretion when on-line and always be in control of the computer when on-line with your child.

I do not endorse any of the ads on any of the links included. I spent hours finding what I thought were some of the best representations of examples for each activity but cannot control a company, a website's position, advertisements, or comments that are included on a website.

Some of the YouTube video links included may be too mature for a child, so be sure to watch them first before sharing. One example, for "X" week, is the eXplosion video link. While fascinating to watch, it may be troubling for some young children. Use your discernment. You know your child best.

Be careful of any activities, foods, or ideas that suggest using small pieces that could potentially be a choking hazard.

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*If you have any ideas for this book, email me at : chris@akahomeschoolmom.com !